

What the Dead Have Taught Me About Living Well



From the bestselling author of *Spirited* and *Awaken the Spirit Within*, spiritual medium Rebecca Rosen opens up about her personal life and answers the questions that fans ask the most: How does your connection to the world beyond help you better understand and navigate your day-to-day, real world? *What the Dead Have Taught Me About Living Well* follows Rebecca through a typical day in her life, juggling the responsibilities of family, friendships, work, health, money, and everything in between. But of course Rebecca's life is also colored with signs from the other world, with messages that spirits from the Other Side urgently want to share with their loved ones. Just like you, Rebecca can get overwhelmed at times, but she has developed strategies for coping with those feelings and refocusing when she feels herself going off-course. In this book, she shares those exercises, practices like creating a special space for tapping into higher spiritual guidance, how to get spiritually dressed in the morning by getting centered and protecting the energetic body, and how to cleanse negative energy from a room. After serving as a psychic medium between the spirit world and our day-to-day world for more than two decades, what Rebecca knows for sure is that the spirit world is always trying to get our attention. They intervene in our lives every day to let us know that our real-life struggles have a rhyme, a reason, and a purpose, and that we're not alone to figure it all out. Our guides have our backs every step of the way, and *What the Dead Have Taught Me About Living Well* reveals how to become more in tune with their guidance.

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What the Dead Have Taught Me About Living Well - Rebecca Rosen I kicked off my spring tour with a Large Audience Event in Denver last week. It was definitely full of Spirit! Literally. The minute I walked into the historic

What the Dead Have Taught Me about Living Well : Rebecca Rosen Feb 13, 2017 - 21 min - Uploaded by Tammy Mastroberte - Elevated Existence Tammy Mastroberte, interviews medium Rebecca Rosen on her new book What the Dead

What the Dead Have Taught Me About Living Well - Target Both of those books were great to read so when I had the chance to read her latest book What the Dead have taught me about Living Well I knew timing was **EP: 29 - Rebecca Rosen - What the Dead Have Taught Me About** Feb 14, 2017 The NOOK Book (eBook) of the What the Dead Have Taught Me About Living Well by Rebecca Rosen, Samantha Rose at Barnes & Noble. **What the Dead Have Taught Me About Living Well: Mindset Matters** How can we know if our departed loved ones are still with us? How can we accept guidance from beyond to help our daily lives run more smoothly and feel more **What the Dead Have Taught Me About Living Well: Take a Few Official Trailer: What the Dead Have Taught Me About Living Well by** Feb 6, 2017 Constantly working to just get through a to-do list distracts us from being truly present and accomplishing what we are here on earth to do and **What the Dead Have Taught Me About Living Well: Be the Light** Jan 9, 2017 Meditation is an extremely important spiritual tool for me. It is one way that I clear negative mind chatter, and achieve a higher vibrational state. **What the Dead Have Taught Me about Living Well:** Find product information, ratings and reviews for What the Dead Have Taught Me About Living Well (Hardcover) (Rebecca Rosen & Samantha Rose) online on **What the Dead Have Taught Me About Living Well by - Goodreads** Mar 15, 2017 Rebecca Rosen is an international best-selling author, inspirational speaker, and star of Lifetimes The Last Goodbye. Known for her accessible **What the Dead Have Taught Me about Living Well by - eBay** What the Dead Have Taught Me about Living Well walks you through an equally ordinary and extraordinary day in Rosens life and reveals how she tunes in to **What the Dead Have Taught Me About Living Well: We Are Not Our** Dec 29, 2016 In this excerpt from What the Dead Have Taught Me About Living Well, Rebecca Rosen shares how to make time to line it up every day. **What the Dead Have Taught Me About Living Well: Believe In What** What the Dead Have Taught Me about Living Well by Rebecca Rosen, 9781623367817, available at Book Depository with free delivery worldwide. **What the Dead Have Taught Me About Living Well: The Goal of Our** What the Dead Have Taught Me About Living Well has 44 ratings and 3 reviews. Nicole said: Im not sure where to begin with why I liked this book so much. **Rebecca Rosen - What The Dead Have Taught Me About Living Well** Spiritual medium Rebecca Rosen, the author of What the Dead Have Taught Me About Living Well, shares the daily practices and spiritual tools she relies on to What the Dead Have Taught Me About Living Well [Rebecca Rosen, Samantha Rose] on . *FREE* shipping on qualifying offers. How can we know **What the Dead Have Taught Me About Living Well -** How can we know if our departed loved ones are still with us? Can guidance from beyond help our daily lives run more smoothly and feel more purposeful? **What the Dead Have Taught Me About Living Well - Target** What the Dead Have Taught Me About Living Well: Relationship Guidance. January 30th, 2017 by Rebecca Rosen No comments. What the Dead Have Taught **What the Dead Have Taught Me About Living Well: eBook: Rebecca** Jan 2, 2017 In this excerpt from Rebecca Rosens new book, What the Dead Have Taught Me About Living Well, the dead relay encourage a focus on **What the Dead Have Taught Me About Living Well - Barnes & Noble** Jan 16, 2017 People often ask me what I experience during a reading, as a medium. The following excerpt from my new book, What the Dead Have Taught **What the Dead Have Taught Me About Living Well Archives** Feb 14, 2017 Find product information, ratings and reviews for What the Dead Have Taught Me About Living Well (Hardcover) (Rebecca Rosen & Samantha **Customer Reviews: What the Dead Have Taught Me About Living Well** Buy What the Dead Have Taught Me about Living Well by Rebecca Rosen (ISBN: 9781623367817) from Amazons Book Store. Free UK delivery on eligible **What the Dead Have Taught Me About Living Well: Relationship** May 6, 2017 - 43 min - Uploaded by Suzannah ScullyIn this episode, we discuss: *The 5 most important lessons the dead have taught her about **What the Dead Have Taught Me Rodale Wellness** Feb 14, 2017 In What the Dead Have Taught Me about Living Well, Rosen shares the daily practices and spiritual tools she relies on to recognize and **What the Dead Have Taught Me About Living Well - Renaud-Bray** I have read Rebeccas other books, Spirited and Awaken the Spirit Within. Both of those books were great to read so when I had the chance to read her latest. **What the Dead Have Taught Me About Living Well - Barnes & Noble** Jan 9, 2017 - 2 min

What the Dead Have Taught Me About Living Well

- Uploaded by Rebecca Rosen Bestselling author and renowned spiritual medium Rebecca Rosen shares personal insights **What the DEAD Have Taught Me About LIVING WELL Rebecca** Jan 23, 2017 In this excerpt from my new book, What the Dead Have Taught Me About Living Well, Ill explain why I never ignore the signs. Believe in what